

Way of Selflessness: a distance studies course
 Talk List — September 2010
 64 Way of Selflessness Talks plus 40 Supplemental Talks

<u>WOS DSC: Volume 1</u>			<u>Track Number</u>
9/15/1996	First Fundamental: Consciousness Alone Is Absolutely Real The Five Fundamentals	Joel	1/8
10/13/1996	Second Fundamental: Ignorance of the Real... The Five Fundamentals	Joel	2/8
11/10/1996	Third Fundamental: the End of Suffering... The Five Fundamentals	Joel	3/8
1/19/1997	Fourth Fundamental: the Way of Selflessness The Five Fundamentals	Joel	4/8
2/9/1997	Fifth Fundamental: Perfect Realization The Five Fundamentals	Joel	5/8
11/8/1998	Four Principles of the Path Foundation Teachings	Joel	6/8
7/8/2001	Chain of Conditioning A Sunday Talk by Joel	Joel	7/8
10/12/2003	Meditation #1: Concentration Practice Meditation Series	Joel	8/8
<u>WOS DSC: Volume 2</u>			<u>Track Number</u>
10/29/2000	Consciousness: Two Worldviews A Sunday Talk by Joel	Joel	1/8
12/17/2000	To Practice or Not to Practice A Sunday Talk by Joel	Joel	2/8
10/27/2002	What Are Sacred Sciences? A Sunday Talk by Joel	Joel	3/8
6/13/2004	What to Practice A Sunday Talk by Joel	Joel	4/8
9/14/1997	Here to Learn, Here to Love, Here to Serve A Sunday Talk by Joel	Joel	5/8
3/18/2001	The Function of Insight Questions and Answers with Joel	Joel	6/8
4/19/1998	Practices of the Night I -- A Sunday Talk by Joel	Joel	7/8
7/21/1996	The Retreat A Sunday Talk by Joel	Joel	8/8
<u>WOS DSC: Volume 3</u>			<u>Track Number</u>
6/13/1993	Two Truths: the Relative and the Absolute A Sunday Talk by Joel	Joel	1/8
3/14/1999	Why Morality Matters A Sunday Talk by Joel	Joel	2/8
9/26/1999	Practicing Precepts: 1 of 4 Foundation Teachings	Joel	3/8
1/19/1992	Beyond Good and Evil A Sunday Talk By Joel	Joel	4/8
11/24/1996	The Purpose of Suffering A Sunday Talk by Joel	Joel	5/8
11/10/2002	Passion on the Path A Sunday Talk by Joel	Joel	6/8
11/11/2001	Depression and The Dark Night A Sunday Talk by Joel	Joel	7/8
10/13/2003	Meditation #2: Choiceless Awareness Meditation Series	Joel	8/8

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<u>WOS DSC: Volume 4</u>			<u>Track Number</u>
12/9/2001	The Relationship Between Love and Truth A Sunday Talk by Joel	Joel	1/8
3/21/1999	God & Emptiness A Sunday Talk by Joel	Joel	2/8
2/14/1999	I Was a Treasure A Sunday Talk by Joel	Joel	3/8
9/18/1994	The Heart of Yearning A Sunday Talk by Joel	Joel	4/8
11/21/1999	Practicing Precepts: 2 of 4 Foundation Teachings	Joel	5/8
3/26/2000	The Role of Devotion on the Mystical Path A Sunday Talk by Joel	Joel	6/8
6/18/1995	Remember to Remember A Sunday Talk by Joel	Joel	7/8
11/23/1997	Mystical Prayer A Sunday Talk by Joel	Joel	8/8
<u>WOS DSC: Volume 5</u>			<u>Track Number</u>
3/17/2002	Cutting Through Spiritual Attachments A Sunday Talk by Joel	Joel	1/8
12/19/1999	Practicing Precepts: 3 of 4 Foundation Teachings	Joel	2/8
5/28/1995	Practicing at Work Questions and Answers with Joel	Joel	3/8
5/23/1999	Spiritual Warfare A Sunday Talk By Joel	Joel	4/8
7/18/1993	Is There Help from Above? A Sunday Talk by Joel	Joel	5/8
7/25/1993	Is There Help from Above? A Sunday Talk by Joel	Joel	6/8
7/26/1992	Boundaries and Compassion Questions and Answers with Joel	Joel	7/8
9/26/2004	Cultivating Love and Compassion A Sunday Talk by Joel	Joel	8/8
<u>WOS DSC: Volume 6</u>			<u>Track Number</u>
9/29/1996	Transforming Relationships A Sunday Talk by Joel	Joel	1/8
1/30/2000	Practicing Precepts: 4 of 4 Foundation Teachings	Joel	2/8
2/13/2000	Synchronicity on the Mystical Path A Sunday Talk by Joel	Joel	3/8
6/27/1999	Expectations A Sunday Talk By Joel	Joel	4/8
6/30/2002	Deconstructing the Delusion of Time A Sunday Talk by Joel	Joel	5/8
2/17/2002	Varieties of Mystical Experience A Sunday Talk by Joel	Joel	6/8
8/11/2002	Truth Cannot Be Denied Enlightenment Day Celebration	Joel	7/8
10/15/2003	Meditation #3: Liberating Thoughts, Desires, and Aversions Meditation Series	Joel	8/8

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<u>WOS DSC: Volume 7</u>			<u>Track Number</u>
1/28/2001	Liberating Emotions A Sunday Talk by Joel & Andrea	Joel & Andrea	1/8
12/19/1993	Thought A Sunday Talk by Joel	Joel	2/8
3/24/2002	Self Inquiry: a Guided Meditation A Sunday Talk by Joel	Joel	3/8
2/23/1997	The Paradox of Self-will A Sunday Talk by Joel	Joel	4/8
4/26/1998	Practices of the Night II – A Sunday Talk by Joel	Joel	5/8
5/29/1994	Go as Nothing A Sunday Talk by Joel	Joel	6/8
6/28/1992	Fear of Enlightenment A Sunday Talk by Joel	Joel	7/8
10/16/2003	Meditation #4: Returning to the Source Meditation Series	Joel	8/8
<u>WOS DSC: Volume 8</u>			<u>Track Number</u>
5/27/2001	Forsaking Yourself Day by Day A Sunday Talk by Joel	Joel	1/8
7/14/2002	What's the Story on "Stories?" A Sunday Talk by Joel	Joel	2/8
6/18/2000	The Subtleties of Surrender A Sunday Talk by Joel	Joel	3/8
8/10/2003	Spiritual Death Enlightenment Day Celebration	Joel	4/8
8/13/2000	Anatomy of Awakening Enlightenment Day Celebration	Joel	5/8
12/13/1998	The Journey In God A Sunday Talk by Joel	Joel	6/8
8/9/1998	How Does a Gnostic Live? Enlightenment Day Celebration	Joel	7/8
10/17/2003	Meditation #5: Doing Nothing Meditation Series	Joel	8/8
<u>WOS DSC: Volume Supplemental 1</u>			<u>Track Number</u>
3/9/1997	One: Awakening of Faith Seven Stages of the Spiritual Path:	Joel	1/8
4/27/1997	Two: Investigation of Teachings Seven Stages of the Spiritual Path:	Joel	2/8
5/11/1997	Three: Unification of Self Seven Stages of the Spiritual Path:	Joel	3/8
6/22/1997	Four: Purification of Mind Seven Stages of the Spiritual Path:	Joel	4/8
7/13/1997	Five: Illumination of Heart Seven Stages of the Spiritual Path:	Joel	5/8
7/20/1997	Six: Kenosis Seven Stages of the Spiritual Path:	Joel	6/8
8/10/1997	Seven: Gnosis Seven Stages of the Spiritual Path:	Joel	7/8
2/8/2004	Finding a True Teacher A Sunday Talk by Joel	Joel	8/8

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<u>WOS DSC: Volume Supplemental 2</u>			<u>Track Number</u>
11/12/1995	First Virtue: Courage The Seven Virtues	Joel	1/8
12/10/1995	Second Virtue: Humility — The Seven Virtues	Joel	2/8
1/14/1996	Third Virtue: Justice — The Seven Virtues	Joel	3/8
2/25/1996	Fourth Virtue: Patience The Seven Virtues	Joel	4/8
3/10/1996	Fifth Virtue: Gratitude — The Seven Virtues	Joel	5/8
4/14/1996	Sixth Virtue: Mercy — The Seven Virtues	Joel	6/8
5/12/1996	Seventh Virtue: Joy The Seven Virtues	Joel	7/8
2/21/1999	What's Inside My Head? A Sunday Talk by Joel	Joel	8/8
<u>WOS DSC: Volume Supplemental 3</u>			<u>Track Number</u>
10/14/2006	Inquiry #1: Preparation Meditation Inquiry Series	Joel	1/8
10/15/2006	Inquiry #2: Impermanence & Emptiness Inquiry Series	Joel	2/8
10/15/2006	Inquiry #3: Causes & Correlations Inquiry Series	Joel	3/8
10/16/2006	Inquiry #4: Are You a Body? Inquiry Series	Joel	4/8
10/17/2006	Inquiry #5: Are You Emotions? Inquiry Series	Joel	5/8
10/18/2006	Inquiry #6: Are You Thoughts or Will? Inquiry Series	Joel	6/8
10/19/2006	Inquiry #7: Are You the Experiencer? Inquiry Series	Joel	7/8
10/20/2006	Inquiry #8: Doing Nothing Inquiry Series	Joel	8/8
<u>WOS DSC: Volume Supplemental 4</u>			<u>Track Number</u>
10/16/2005	Devotion #1: Verbal Prayer Devotion Series	Joel	1/8
10/17/2005	Devotion #2: Prayer-in-the-Heart Devotion Series	Joel	2/8
10/18/2005	Devotion #3: Purifying the Heart Devotion Series	Joel	3/8
10/19/2005	Devotion #4: Entering the Spiritual Heart Devotion Series	Joel	4/8
10/20/2005	Devotion #5: Unceasing Prayer Devotion Series	Joel	5/8
10/21/2005	Devotion #6: Silent Prayer Devotion Series	Joel	6/8
10/21/2005	Devotion #7: Doing Nothing Devotion Series	Joel	7/8
7/31/2005	The Feminine Face of Mysticism A Sunday Talk by Joel	Joel	8/8

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WOS DSC: Volume Supplemental 5

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10/10/2009	One: Spacious Awareness Transforming Emotions Series	Joel	1/8
10/12/2009	Two: Understanding Emotions Transforming Emotions Series	Joel	2/8
10/13/2009	Three: Desire and Aversion Transforming Emotions Series	Joel	3/8
10/14/2009	Four: Pride and Envy Transforming Emotions Series	Joel	4/8
10/15/2009	Five: Ignorance Transforming Emotions Series	Joel	5/8
10/16/2009	Six: True Nature Part I Transforming Emotions Series	Joel	6/8
10/16/2009	Seven: True Nature Part II Transforming Emotions Series	Joel	7/8
7/9/2006	Drop the Story A Sunday Talk by Joel	Joel	8/8